

# HOW TO HELP YOUR CHILD WITH ANGER MANAGEMENT?



# USE THE DON'T SLAP METHOD TO HANDLE ANGER



O NOT BLAME OR COMPLAIN



PPRESSED OR SCARED?



EVER RAISE YOUR VOICE



IME YOUR DISCUSSION





S TATE THE ISSUE



ISTEN NON JUDGEMENTALLY



GREE TO CHANGES WHERE POSSIBLE



ROPOSE SOLUTIONS







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